



Bit of Whimsy Dolls

# EDDIE EARTHWORM



## Background on Eddie Earthworm

Eddie was inspired by my son's desire to celebrate Earth Day. What better way to celebrate than to create an earth worm, right? To make Eddie more Earth-friendly, try recycling old clothing or linens for the cotton and old bath towels for the chenille.

I am offering this pattern for **FREE** so that sewers who are new to my patterns or even new to sewing can see how easy my ePatterns are to use. No need to guess at the directions, I provide step-by-step photos to help along the way.

Instructional videos for the making of this and other epatterns are available **FREE** at:

[www.youtube.com/BitofWhimsy](http://www.youtube.com/BitofWhimsy)

## Terms of Use for this ePattern

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**READ THE DIRECTIONS FOR THE ENTIRE  
PATTERN BEFORE STARTING THIS PROJECT!**

**Supplies Needed:**

- Fabric scraps equal to a quarter yard
- Chenille equal to a quarter yard
- Embroidery floss for facial features
- Polyfil and chopstick or wooden dowel for stuffing
- Scissors, doll needle, pencil

- Print pattern and cut pieces out.
- Pin pattern pieces to fabric and cut on the solid line. I have already included the seam allowance so you don't need to worry about that.
- Remember that Eddie needs five total large body rings and four total small body rings.

- Starting with a large cotton body ring (this will be the body ring for the face), pin a chenille body ring to the long edge of the fabric and pin.
- The long side is marked on the pattern piece by a dotted line.
- Sew together using a straight stitch and then go back and sew another straight stitch right next to it. Sewing this extra seam helps to make it more durable.
- Sew another cotton ring to the chenille and keep sewing until all pieces have been sewed together alternating cotton and chenille.



- Once you have all of your rings sewn together, press the seams with your iron.
- You will want to press the seams so that they are facing the cotton.



- Fold the long body piece in half, lining up the raw edges.
- You may need to trim the edge to even it out. It is easy when sewing cotton and chenille together for there to be some slipping, resulting in an uneven edge.
- Pin the raw edge together.
- Starting at the head piece, sew the seam until you get about 10" away from the end.
- Do a backstitch and cut the thread.
- Resume stitching about 5" up from the end.
- Doing this gives you an opening to turn Eddie right side out.



- Refold Eddie's body so that the long body seam is now running down the middle of the body.
- Use your face template to draw the curve at each end of the body.
- It may not line up perfectly depending on how close you are to using a 1/4" seam allowance to put him together. Just adjust your curve to fit. No one will see this side of the fabric so it okay to draw it a few times to get it right.





- Pin the fabric together and sew along your curved line on both ends.
- Once the seam has been finished, trim the corners off.
- Turn Eddie right side out and draw the face using your pencil/
- Using polyfil, firmly stuff the head but then lightly stuff the body.
- Put large balls of polyfil in and then leave a small space and then put another large ball in. Doing this makes Eddie easier to cuddle than if you firmly stuffed him through the whole body.
- Use embroidery floss to whipstitch the opening closed.



- For embroidering the facial features, thread your doll needle with three strands of embroidery floss. Tie a knot and pull the needle through from the back of the head to the point where you want to start stitching. Pull the knot through the fabric at the back of the head. Pull gently and the knot will pop through.
- When you are done stitching her facial features, push your needle through to the back of her body right along her neck seam. Tie your knot and then push the needle back through to the front of her body and cut your thread close to the body.



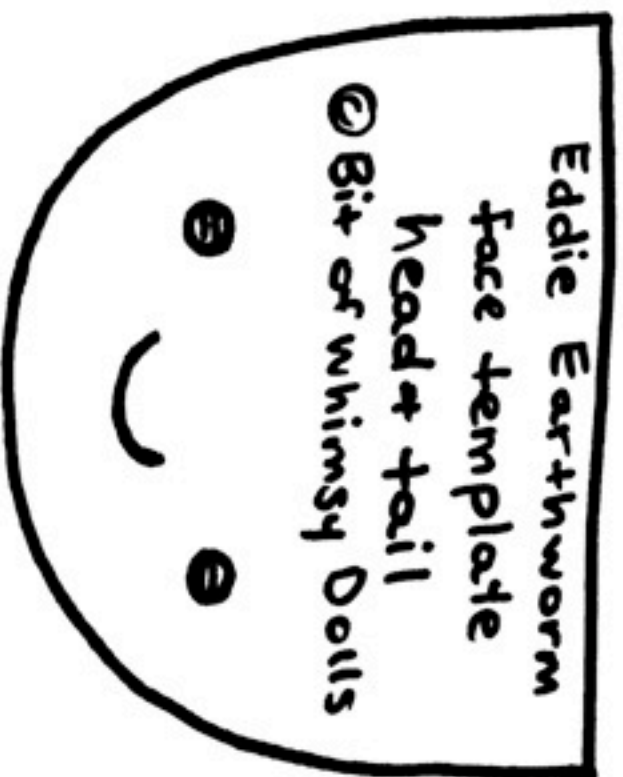
- CONGRATULATIONS, EDDIE IS DONE!
- To make Eddie into a headrest for an adult, fill nylon knee highs with polypellets to give him some additional weight.
- To make a head rest suitable for heating, fill knee highs with corn or rice and add lavender. This makes a soothing, weighted head rest to heat in your microwave.

Eddie Earthworm  
body ring  
cut 4  
2 from chenille  
2 from cotton

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Eddie Earthworm  
face template  
head + tail  
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Eddie Earthworm

body ring

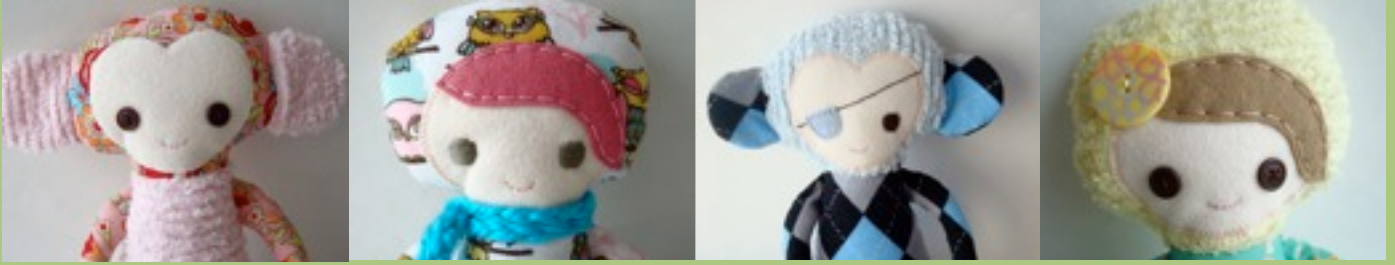
cut 5

2 from chenille

3 from cotton

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# Bit of Whimsy Dolls ePattern



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## My Contact Information

Email: [bitofwhimsydolls@gmail.com](mailto:bitofwhimsydolls@gmail.com)

Web: [www.bitofwhimsydolls.com](http://www.bitofwhimsydolls.com)

## About Sarah

First, **thank you** very much for purchasing this ePattern! Most importantly as you make your creations from my ePattern, I ask that you respect the fair Terms of Use.

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Sewing has always been a major part of my life ever since my Mom taught me how to sew at age 5. As a young girl, I always loved playing with dolls and stuffed animals (what girl doesn't?), but only recently have I started to venture more into the designing of patterns for my creations.

Today, I'm a stay at home Mother to three wonderful children - Robbie, Abby, and Billy. Being able to sew has brought me so much joy over the years and the ability to make my own children some of the most wonderful toys, blankets, and clothes. It's my hope that the art and joy of sewing handcrafted custom made goods continues to be passed from parent to child, especially given today's culture of designer clothes and expensive toys.

